

Workshops for the 2024 Kansas Youth Leadership Forum

4-H Fun in the Land of Midnight Sun

Can you imagine spending a month without darkness? We can now since we lived with 4H families in Norway this past summer on a 4-H Exchange. We bonded with families in small, rural towns and along fjords while experiencing their daily lives as family members. We helped with family tasks, learned to communicate when common language failed, ate typical meals, and made special friendships. We can't wait to tell you about our experiences with host families, 4H clubs, and Norway National 4-H Camp. In this workshop, we'll share experiences members had on two sides of the country, play some games, and sample a typical Norwegian meal. You'll learn how you can host a Norwegian 4H'er next summer and travel on a 4-H exchange to Norway (2026) or five other countries.

Instructors: Dr. Mary Kay Munson, Eliza Brockhoff, Channing Dillinger, and Luke Walker
Session 1

Celebrating 80 Years of RSR in 2025! What's Next?!

Former 4-H teen leaders like yourselves have been playing a role in philanthropy at Rock Springs Ranch for nearly 80 years! Come be a part of what's next!

Instructors: Kansas 4-H Foundation and the Youth Philanthropy Ambassadors
Session 2

Dive into Healthy Blue - Healthy You!

Dive into a variety of activities that let you explore your emotions in a safe space and relaxing atmosphere to express yourself and connect with others. Lots of fun, creative, hands-on activities packed into this workshop to relax and unwind!

Healthy Blue Initiative Team

Instructors: Patsy Maddy, Addison Green Russell, Ellie Seeger and Clayton Kunselman
Session 2

Food Access & Local Food Economy Game

Learn about the challenges of healthy food access through a hands-on game that will help you think about how a healthy food system impacts health, jobs, and community well-being. Then we will discuss what role community leaders can play in improving healthy food access for all.

Instructor: Rebecca McMahon
Session 1, Session 2

Leading Leaders

Instructor: Dustin Galyon
Session 1

Got GRIT?? Got COMMUNICATION SKILLS?? It's HARD TO GIVE WHAT YOU DON'T HAVE, so let's learn together. In this workshop, we will share direct applications to help create BETTER LEADERS! We will define GRIT, BETTER WAYS TO COMMUNICATE AND HOW TO SET MEASURABLE GOALS THAT CAN GROW!!

Leadership After High School

Graduating high school is the close of a lot of life chapter at once, including leadership involvements. It is important to stay engaged as a leader after high school to use the skills you have learned in 4-H and beyond. This workshop will allow students to identify ways they can be a better leader, decide why they have the desire to lead, and explore ways they can get involved and lead after high school.

Instructor: Edie Doane

Session 1, Session 2

Leadership: Enhancing Leadership After High School

Join our K-State Admissions Representative team for an interactive session that dives into what leadership opportunities can look like on a college campus. We'll discuss how to transition your involvement in high school to college and discuss what you think makes a great leader and involved student on campus!

Instructors: K-State Admissions Representatives

Session 1, Session 2

Message Up!

Combatting myths about agriculture is crucial in the world we are in today. Not all conversations are easy to have, and it is important to recognize the point of view of both sides of a conversation. This workshop will discuss how we educate citizens that lack knowledge about agriculture, and practice the skills needed to be successful in those conversations.

Instructor: Edie Doane

Session 1, Session 2

Spark Your Entrepreneurial Spirit with the Youth Entrepreneurship Challenge

Meet fellow aspiring entrepreneurs and unleash your creativity, innovation, and business expertise. Learn about the exciting opportunities awaiting you in the Youth Entrepreneurship Challenge! Get ready to brainstorm! Engage in interactive activities and exercises to generate innovative business ideas that solve real-world problems and meet market demands. Learn the art of pitching your ideas with confidence and conviction and turn your passion into profits that supports entrepreneurship and small business development in Kansas!

Instructors: Bailee Henry and Patsy Maddy

Session1

YOGOWYPI Leadership?

Do you believe in YOGOWYPI? We will explore how this word can elevate your leadership style and help you get more out of life. Plan on "sailing" into discussions and hands-on activities to help you navigate your local "ocean."

Instructor: Mrs. Andrea Feldkamp

Session 1, Session 2

Youth Safety Blitz: Equip, Explore, Empower!

Hey, future farm and ranch leaders! Get ready to embark on an exciting session where safety meets exploration. We'll delve into the unique hazards of Kansas farming and ranching and explore how social media can play an intriguing role in agricultural safety.

Our expert leaders will equip you with essential PPE to tackle farm chores like a pro. From trying on sturdy respirators to sporting stylish safety goggles, you'll be geared up for any task.

And that's not all—we're diving deep into machinery safety. Whether it's tractors, implements, or ATVs/UTVs, we'll ensure you're well-prepared. Keep an eye out for our ATV rollover simulator—it's hands-on learning at its best!

Join us for a few hours of discovery, safety, and pure fun. Together, let's cultivate safer farms and ranches for everyone. Get excited—because safety has never been more thrilling!

Instructors: Tawnie Larson, Madison Sultz and Dr. Ed Brokesh

Session 1, Session 2